

Lancaster

BANDS

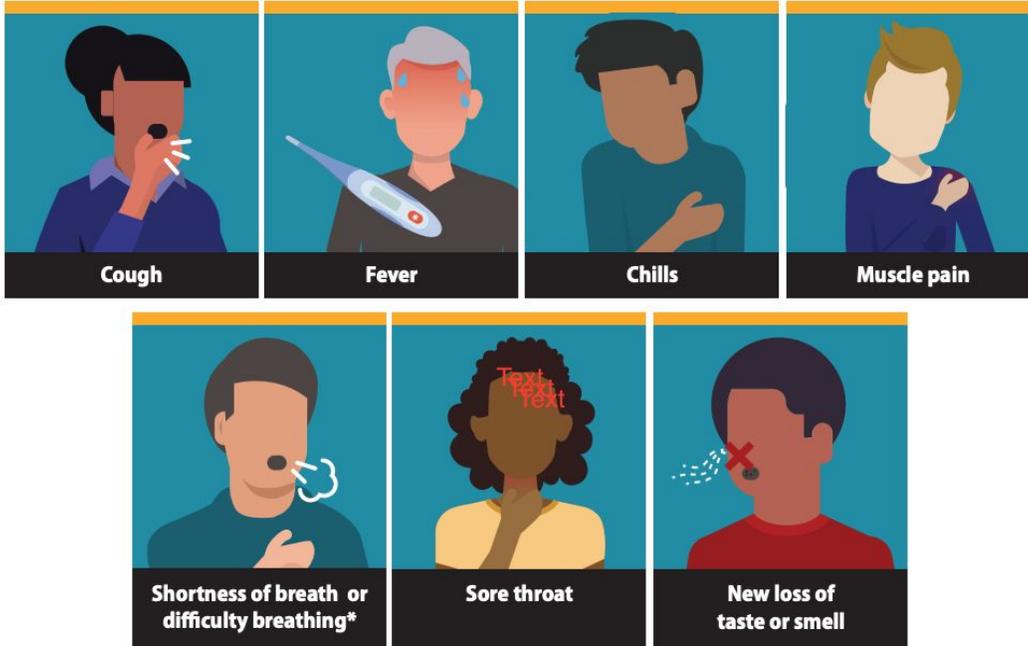
Safety and Wellness Protocols for Skills Training & Rehearsals

PRE-PLANNING

- These safety protocols will be shared regularly prior to any in-person skills training or rehearsals.
- Participants must know the symptoms of COVID-19 (*please see page 2*). Before rehearsals, instructors and students will be asked to contact the band director if experiencing symptoms, or anyone who has had direct contact with those experiencing symptoms (i.e. family members). The director will then pass this information immediately to school administration.
- Virtual learning will occur as much as possible to limit contact time and increase the efficiency of in-person rehearsals.
- Any participants who are not comfortable with attending will be given distance learning alternatives until he/she feels comfortable returning.
- Virtual announcements and meetings will be utilized as much as possible.

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

***Seek medical care immediately if someone has emergency warning signs of COVID-19.**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

317142-A May 20, 2020 10:44 AM

ARRIVAL

- There will be staggered arrival times, especially for larger ensembles.
- Participants are strongly recommended to travel to the venue alone or with a member of their immediate household. Face coverings are strongly recommended for individuals traveling to and from the venue.
- Participants will be asked to remain in their vehicles if six-foot physical distancing cannot be maintained while entering the facility.
- Participants must know the symptoms of COVID-19. Upon arrival, instructors and students will be asked to self-evaluate symptoms. Anyone experiencing symptoms, or anyone who has had direct contact with those experiencing symptoms (i.e. family members) will be sent home.
- All participants and employees must adhere to six-foot physical distancing while at the facility/practice field.
- Participants will bring instruments and equipment from home, with the exception of a limited number of large instruments.
- Shared equipment or instruments will typically not be permitted. If equipment must be shared, proper sanitation should be administered between users (i.e. a school-owned marimba). No wind instruments will be shared.
- There will be staggered access to any storage areas needed for large instruments (e.g., percussion, tubas, etc.) to allow adherence to six-foot physical distancing.

REHEARSAL

- Teachers and Participants must adhere to physical six-foot distancing.
- Teachers and employees must wear face coverings at all times, unless properly distanced from the group.
- Participants must wear face coverings at all times while not actively participating in music making.
- Anyone experiencing symptoms during rehearsals will be immediately isolated and sent home.

- No team water coolers or shared drinking stations. Participants must bring individual water containers. Container should be large enough to prevent refilling during the duration of the rehearsal.
- Rehearsals will be held outside whenever possible.
- During outdoor rehearsals, participants must have personal towels for perspiration to minimize hand to face contact.
- If rehearsal is held inside, six-foot physical distancing is still required. Rehearsal facilities will be clearly marked to assist with physical distancing. Each rehearsal space will be measured to calculate proper capacity.
- Whenever possible, rehearsals will be divided into smaller groups (called sectionals).
- Virtual announcements and meetings will be utilized as much as possible.

SAFETY PROTOCOLS FOR PARTICIPANTS

- Participants must adhere to six-foot social distancing practices during rehearsal.
- Participants must know the symptoms of COVID-19. Upon arrival, instructors and students will be asked to self-evaluate symptoms. Anyone experiencing symptoms, or anyone who has had direct contact with those experiencing symptoms (i.e. family members) will be sent home.
- Participants must wear face coverings at all times while not actively participating in music making.
- Participants will refrain from high fives, handshakes, and other physical contact with others.
- Participants must not share water, equipment or instruments. Belongings should be used only by the individual owner or operator including, but not limited to water bottles, instruments, and other items needed for rehearsal.
- Regular hand washing and hand sanitizing are recommended. Participants will be encouraged to use hand sanitizer when handwashing facilities are not available.
- Participants will be asked to carefully observe that all other participants are following these protocols. Any concerns must be brought to an instructor.

SAFETY PROTOCOLS FOR INSTRUCTORS

- Instructors must adhere to six-foot social distancing practices.
- Instructors must wear face coverings at all times, unless properly distanced from the group.
- Instructors must know the symptoms of COVID-19. Upon arrival, instructors will be asked to self-evaluate symptoms. Anyone experiencing symptoms, or anyone who has had direct contact with those experiencing symptoms (i.e. family members) will be sent home.
- Instructors will refrain from high fives, handshakes, and other physical contact with others.
- Instructors will ensure that participants are following these protocols and will immediately follow up with any concerns.
- Instructors will ensure that participants are adhering to social distancing at all times.
- Regular hand washing and hand sanitizing are recommended. Participants will be encouraged to use hand sanitizer when handwashing facilities are not available.

SAFETY PROTOCOLS FOR PARENTS & VOLUNTEERS

- Those who are not directly participating or instructing will not be permitted to enter our rehearsal facilities unless the band director finds it essential.
- Parents and volunteers who are deemed essential will follow all protocols that are followed by the instructors (see above).

DEPARTURE

- All participants and instructors must adhere to six-foot physical distancing while exiting the facility and/or practice field.
- Individuals should not congregate in common areas or parking lot following the event or practice.
- Individuals should not exchange items.
- Virtual announcements and meetings will be utilized as much as possible, rather than a team huddle.

- All personal belongings, including instruments and band equipment, will be taken home after each rehearsal.
- There will be staggered departure times, especially for larger ensembles.
- There will be staggered access to any storage areas needed for large instruments (e.g., percussion, tubas, etc.) to allow adherence to six-foot physical distancing.
- Participants are strongly recommended to travel home alone or with a member of their immediate household. Face coverings are strongly recommended for individuals traveling to and from the venue.
- Participants will be asked to wait if six-foot physical distancing cannot be maintained while entering their vehicles.

AFTER REHEARSAL

- Adequate cleaning will be done for all band facilities to mitigate any communicable diseases.
- Participants must know the symptoms of COVID-19. Between rehearsals, instructors and students will be asked to contact the band director if experiencing symptoms, or anyone who has had direct contact with those experiencing symptoms (i.e. family members). The director will then pass this information immediately to school administration.
- Virtual learning will occur as much as possible to limit contact time and increase the efficiency of in-person rehearsals.
- Any updates or changes to this document will be communicated promptly to all participants, instructors, and their families.